

Jr. Cotillion Syllabus

Aug 21st- Introductions, posture, handshake, dining questions from protocol

- (Pass out fork handout, bring a chocolate to taste, guess the ingredient, ask if anyone has allergies or sensitivities to certain foods, questions from protocol? Esp dining)

Aug 28th Conversation skills, Eye contact, Everyday manners

- Conversation starters, in class skits how to keep the conversation going?
- (bring a different chocolate to try guess the ingredient)

Sept 4th Forks, Utensils, knives and spoons

- (History of the fork, different types of forks fork placement. Knife and spoon placement)

Sept 11th Set the table (casual setting)

- (Bring paper placemats, pens for drawing utensil and stemware placement)

Sept 18th Set the table continued (Formal setting), types of China patterns, crystal

- (Bring paper placemats, pens for drawing utensil and stemware placement)
- (Bring slide show "What's wrong with this table setting?")
- Assignment #1 Set the table at home (formal or casual) take a picture. Due next week 9/25/18

Sept 25th Set the table review, Napkins (where to place, how to use, finished position)

- (activity-guess the menu?)

Oct 2nd Semester review, Napkins

- Napkin folds, types of linens, practice
- #2 Assignment- Napkin quiz 10/16/18

Oct 10th Vacation

Oct 16th Napkin Quiz, Introduction to Continental Style Eating (resting, finished, cutting)

- Paper plates, fork, knife, more challenging item to eat, napkins
- Napkin Quiz- one creative napkin fold
- Bring in melon or a soft food to practice

Oct 23rd American Style Eating (resting, finished, cutting positions)

- Tricky foods, spaghetti, corn on the cob, pizza -bring in one tricky food to eat
- Review what to do if someone isn't following protocol?

Oct 30th Multi Course Meals- Food Pairings, Aroma, International Cuisine, palate cleansers

- Aroma activity -smelling test

Nov 6th Parties! (décor, invitations, etiquette, details, one creative touch, Thank you notes)

- Final Information (show examples)

Nov 13th Food Pairings, European manners, traveling abroad, museum etiquette, technology etiquette

- Food Pairings show video- Rembrandts the Night's Watch

Nov 20th Asian Etiquette (manners, chopsticks), group planning

- Chop stick races

Nov 27th Gift Giving- appropriate gifts, returning a gift, re-gifting, registries, how to wrap a gift

- Let's wrap a gift, demonstrate formal bow

Dec 4th Personal Appearance- (grooming, makeup, semi formal, black tie, white tie, dances)

- Protocol attire- what's in dress code
- Show power point presentation of grooming guide, how to dress

Dec 11th Afternoon Tea and semester review, group time

- Tea Time- split up into groups and practice afternoon tea etiquette

Dec 18th Final Due and Christmas Party!

This class will be based on class participation, 1 napkin test, and the final group project.

Napkin Test- Student will demonstrate one creative napkin fold

Final- Students will split into groups. Each group will be in charge of decorating their own table. (Christmas theme) Students will be graded on creativity, design, table setting, linen, stemware and napkin placement.